

# 3 DAYS TO AWAKENING

*- DAY ONE -  
LOOKING FOR A WAY  
OUT OF HERE*

DEVAVAN

  
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Three Day's Awakening:  
*Day One – Looking for a Way out of Here*

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*For YOU, DEAR ONE,  
Who wants the Peace of mind, and nothing else;  
You Who CANNOT not-know Your Self  
and rejoices in this discovery.*

*This book is especially recommended for anyone who  
has been educated in a Western-Christian way and  
has made contact with any of the Eastern teachings.*

*I dedicate this book in gratitude to YOU  
Who is - as my brother - my Savior.*

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# Introduction

*By the Grace of the Father, books will be published whereby I share with all the Beings expressions in words about HIM and my Self as His Son. Though it will be a 'great failure' to attempt to describe THAT Which has no name, not being an object for description, it IS yet the Name Which unifies writer and written as One Being. In that, "I give all to all, to HAVE IT."*

The goal of AWAKENING has always been believed to be accomplished only after undergoing long procedures of purification and practices. But once this communication with God, this Singular Reality, is re-established, it is but this Experience of being with God as I Am and One with my brother, out of this world and out of time that restores sense, letting all things naturally fall in place. What is left is the necessity to give away what has been given me, in the divine way of simply being my Self. This necessity is expressed here for me within my need to write this book, and share what I was blessed to receive, what was given to me by the Experience of perfect communion. Throughout the book I use the term "you" as a description which in fact pictures what I know myself to be. I can only write "you" who are me and ... about this ... because all this book ever could say has been of my own experience, corrected for a Real Vision, given me by God. And so I am aware of the undeniable fact that I am writing but to myself and teach truth by giving It away in order to be certain to have It at last. It serves a Singular Purpose of the conversion of my own mind and reflects none but God's Laws.

To give a perspective which clarifies what reality this book is based on, and who the author really is, I would like to introduce the reader conceptually to the purpose I see myself fulfilling here, as well as declare where I am coming from and who I am. This is an impossible task without declaring *Jesus of Nazareth* as my Savior and relying on the experience HE shares right now with me, always standing next to me and speaking to me. He was an image in my mind and therefore had to become my own Experience of Eternal Life Which cannot end or be exchanged. There is no other possibility for me but to begin with such a declaration. Truth Itself does not need any explanation and reveals Itself in the personal Experience of Awakening beyond verbal definition.

What I had to do was to make a firm decision to want this Experience above all else, and then get out of the way. Until this moment, no-one else other than I, within my own self-defined identity and determination to do things my way, had apparently veiled this Experience and recognition of God's continuous Presence.

To bring Light into the structured frame-work of this book, I have to clarify a few thoughts I myself have always reflected upon when reading books that I considered to have their source from "out-of-time," books that could give me a temporary experience of peace.

The opening aphorism (above) as expressed as poesy of the awakened mind contains the first of such thoughts I would like to give further comment on.

## ***Regarding Names and Words***

There is no name I can possibly give myself that would be true in naming Me, for *I am as God Created me.... This is the Word by which the Son became His Father's Happiness, His Love and His Completion.* (from Urtext, corresponding (corr.) ACIM, Workbook, lesson 162; 'I am as God created me'.)

This is what I offer you to experience personally by the means of this book. This is what "you" already ARE. And if you so decide to allow this to be true for you, YOU – in direct communication with the Holy Spirit, with the Mind of *Jesus Christ*, the *Divine Man* – ARE the author of this book as well as of *A Course In Miracles*. *A Course In Miracles* is a mind-training program that will be referred to through-out this book, and I invite you to either review the Course or to start to study its *Manual for Teachers*, the *Text* and/or do the *Workbook* on a daily basis.

Any name that is used as the author for this book and could possibly be a part of my mind (such as the names our fathers gave us) means, as an explanation for the authorship of this book, really nothing or everything in its all-inclusiveness.

It stands, only for a moment conceptually, for myself. But in fact the eternally creative Reality as *Divine Man*, a "Bringer of Light" to the world (what the meaning of *Devavan*, the name I am called, can be) is what my true purpose for writing this book is, what I am, what you are, and thus far beyond any possibility of explanation.

For a declaration I will speak to the world thus: Beyond any concepts of God, the Divine, beyond my limited "creations" I once imagined and all the created appearances of all the worlds in my own mind, beyond any effort of creating, *I am as God Created Me*, the Creating Force in the likeness of God. God has created me in His like quality and has given me the certainty that I am One with HIM in Heaven. And You are there with me as 'the One.' That is the only thought, word and act where I can experience myself as real. There is no real "I," or "you," called by a name, doing all kinds of things, acting, reacting, "creating" things, reflecting, expressing etc., separate from that Oneness. We do not truly exist here in time and space. There is not even one watching or witnessing himself in a state of meditation or in a state of a true Experience.

*Here you understand the Word, the Name Which God has given you: the one Identity Which all things share; the one acknowledgement of what is true.... Use all the little names and symbols which delineate the world of darkness. Yet accept them not as your reality. The Holy Spirit uses all of them, but He does not forget creation has one Name, one Meaning, and a single Source Which unifies all things within Itself. Use all the names the world bestows on them but for convenience, yet do not forget they share the Name of God along with you.... God has no name. And yet His Name becomes the final lesson that all things are one, and at this lesson does all learning end. (from Workbook, lesson 184; 'The Name of God is my inheritance')*

After I, still called with the birth name *Reinhold*, finished my University Studies of Veterinary Medicine as a DMV in Vienna, Austria, I traveled the North and Central



American Continent and found out that truth cannot be revealed by effort, whatever the appearance is. No-one is able to handle a situation, interfere in or improve or react to a condition within this world and expect as a result, Peace of Mind, a re-unification with God. I started questioning myself, whether being in a human condition in a world of constant change could possibly be what life is. In a revelatory Experience I came to know that no process in time is related to the eternal Nature of myself. All these apparent mistakes, which I have seen in myself and in my own images, occurred simultaneously for a single moment in my mind, and simultaneously the correction took place.

But the devices I was offered later on for undergoing a mind-training were and are still very valuable and helpful. I can affirm to you that the belief in human behaviors and perceptions can be completely undone by the acceptance of the *Circle of Atonement*, and is corrected by the Holy Spirit Who is in every single mind the One in contact with God. This is how complete Healing without a residue happens, how true communication is re-installed. And since it was and is possible for me, it must also be possible for you. Ultimately it is a revelation in an instant out of time that brings into the Light of awareness the recognition that the separation never occurred, we are already re-united in Heaven and that there is NO world. The seeming process of Awakening is nothing but your re-living and remembering this Experience of One Singular Reality as your own and only Identity, NOW.

Therefore there is no cause, no result, no image, no effect, no object, no creation as something, no appearance,

no condition real in the world as it appears to the illusionary "I," the dreamer of a worldly dream. What is left that would still be in need of naming or definition?

Yet this book contains words, and you can find out for yourself that there is a POWER behind every word that can lead you to an Experience which these words point to, your original Source, your eternal, everlasting Home. This Power comes from God.

The original Names, the real Words, have nothing to do with descriptive names and forms. They all stand for but One Name, the Name of God. That NAME stands synonymous with the Power of God, ...or call it the Divine Grace, the Nature of the Real Self, Brahman in Hinduism, etc. But it is none other than the Thought of God as the experience of Light, Happiness and Love in you. To remember this and to go Home is my function here.

*...Here Creation is proclaimed, and honored as it is. There is no dream these Words will not dispel; no thought of sin and no illusion which the dream contains that will not fade away before their might. (from Workbook, lesson 162; 'I am as God created me'.)*

Though the author of this book was originally called *Dr. Rabbit* as a synonym for *Devavan*, there is really no name for the simple and undeniable existence of Being my Self, Being as God Created Me or call it "I AM-ness," "IS-ness," Being "the Son of God," "Creative Reality"; in Eastern terms expressed as "Highest Intelligence" or "Supreme Consciousness," "Pure Awareness," "The Absolute," declared as "Aham Brahmasmi" (I am Brahman, the Supreme Consciousness), "Sat - Chit -

Ananda" (Being - Consciousness - Bliss), what Jesus expresses as the unbounded Love and Happiness of the Son of God in his communication with His Father.

### ***What brought about the change?***

Though having had a revelatory Experience, I did not really see that I had a function here, a mission to fulfill for a moment. To have undergone this Experience was not of my doing, and everyone coming into my mind must have had an Experience, whether he (you) remembers It or not. The question was: What now? What am I doing with It? Am I wasting It once more by continuing to pretend I am still of the world, planning to die again, or ask to be used in the demonstration of something radically new?

These questions made me aware that I needed a PURPOSE for being here, and in this way still be in alignment with my Awakening and remembrance of not-being-from-here. At this point *A Course in Miracles*\* came to me, and has since then been helpful to me as "the way out from here." Through it a true purpose is shown to me moment by moment anew, a purpose that is singular and extends the Light and Love of God.

\*(The Words of *Christ Jesus* from out of time about all you need to hear for your salvation in this continuum; a contemporary personal guidance to leave this time-space illusion; consisting of a Textbook, a Workbook with daily lessons and a Manual for Teachers; scribed between 1965 and 1973 by Helen Schucman with the help of Bill Thetford)

“I Am the Savior of the world” is my declaration I want to share with you.

I actually do not consider myself anymore to have an occupation in the world, because I see myself available to everything that shows up in my mind for the moment of integration. But I do admit to sharing and fulfilling a purpose here which must be for the experience of reunion with God. Other than this Singular Purpose my only function here in the world is to join my brothers in leaving it. Let me use a few central ideas of lessons from the *Workbook of A Course In Miracles* to demonstrate to you what this real purpose is for me in the experience of literally living these lessons:

*I have a function God would have me fill.*

*Forgiveness is my function as the light of the world.*

*My only function is the one God gave me – ...to take my rightful place among the Saviors of the world....*

*My Happiness and my function are one. Salvation of the world depends on me.*

*Salvation is my only function here – ...with the One to Whom the plan was given.*

*Forgiveness is the key to happiness.*

(a few examples from *Workbook*, lesson 192, 62, 65, 66, 186, 99, 121)

Learned skills and specialized ‘knowledge’, all ideas that are now converted and refined for the purpose of extending “miracle healing,” show up now as happy dream images or converted potential, e.g.:

as a converting healing agency for all of my mind-images;

as insights about certain expressions of myself, recognized in the reflections of my brother;

as thinking, speaking, writing, acting, painting, dancing, etc;

as somehow guiding or teaching myself in experiencing and learning more about myself, being ready to leave from here any moment;

for the purpose of enjoying the moment, now, and loving and blessing my Self, or all which includes myself, my brothers, the entirety of Creation;

as a Light-Ray shining in a Great Light Circle on the way Home.

The only truth is the revelation that THERE IS NO WORLD, nothing is happening here and none of these expressions within the world exist at all. Everything is already back in Heaven. Therefore I CANNOT DIE, and that must also become true for you because it is already true in your own mind, Which is God's Mind.

*Some see it suddenly on point of death, and rise to teach it. Others find it in experience that is not of this world, which shows them that the world does not exist because what they behold must be the truth, and yet clearly it contradicts the world. And some will find it in this course and in the exercises that we do today. Today's idea is true because the world does not exist. And if it is indeed your own imagining, then you can loose it from all things you ever thought it was by merely changing all*

*the thoughts that gave it this appearances. The sick are healed as you let go all thoughts of sickness, and the dead arise when you let thoughts of life replace all thoughts you ever held of death.* (from Workbook, Lesson 132, 'I loose the world from all I thought it was.')

When you choose to work this mind-training that will bring the inevitable change and reversal of all of your perceptions, this Experience will be your own. It is a fact that It works – right now – because It is the truth.

JESUS of Nazareth SPEAKS to you personally in *A Course In Miracles*. Start thinking reasonably about this key sentence: *truth is true and nothing else is true*. And in the introduction HE states:

*Nothing real can be threatened. Nothing unreal exists. Herein lies the peace of God.*

That I AM – AMEN (So be it) – I am Home.

### ***Where else could I consider myself to LIVE?***

I am “a-live” as the Son of God, here where I am right now. I live an *Eternal Life* Where there is no death. Only Eternal Life we can share, or ...you do not exist at all.

I am NOT from here, of this world, and neither are you. HERE I live in a new, forgiven World, the *Real World*, which is the symbol of a complete alternative to this world that you made up, not another or parallel world. *The Real World is the symbol that the dream of sin and guilt is over*. But it is only “new” as long as you believe you see with a sleeping mind, yet not new at all in reality. It has always

been with me, everywhere in all of space-time, in the Experience of timelessness. How could I grow old or die when I live all time, going on all the time, now? It is simply impossible.

Its limitless Presence is here and everywhere; without levels, differences or an opposite. This is my abode that does not need walls and doors, and like the infinite sky cannot be covered by a roof. But "this here," the world you think you see, is over and gone.

What I mean is simply: We can live but at Home and still can travel the stars and beyond!

Here, "at Home," can only mean 'leaving' for Where we originally came from and will return to together in a moment; in fact, we have never left: our true Home, the Kingdom of God, Heaven, Nirvana. *There... Where I Am...* is everywhere.

At Home – you may like to hear – is...

*In My Heart, in this sacred cave where a flame for truth is burning, a light shines bright and cool and in the centre of That light*

*I am found; being my Self, one with God, at Home, in Peace and in indefinable Happiness, in utter Silence and Stillness Where nothing exists outside myself.*

*That is Where I really live and it indeed cannot be described.*

*This Light, Peace, Love, Joy, we really can share, Is what God, Singular Reality, IS. And in sharing It we strengthen It in us, because minds are joined, ...and bodies are not. The exchange of bodies is nothing.*

*Yet God IS that Essence in all imaginary expressions of 'life', everything in every thing as EveryThing, the entirety of all electro-magnetic frequencies, far beyond the capacity of visibility of the human eye. Exceeding the speed of light HE is ever-present, all encompassing and forever extending.*

*Let Us Share What We Really ARE. Peace be to YOU, and Peace to all the world.*

I was mistaken when I thought I lived apart from God, a separate entity that moved in isolation, unattached, and housed within a body.

Now I know my life is God's, I have no other home, and I do not exist apart from Him. He has no Thoughts that are not part of me, and I have none but those which are of Him.

*Our Father, let us see the face of Christ instead of our mistakes. For we who are Your holy Son are sinless. We would look upon our sinlessness, for guilt proclaims that we are not Your Son. And we would not forget You longer. We are lonely here and long for Heaven, where we are at home.*

*Today we would return. Our Name is Yours, and we acknowledge that we are Your Son.*

*God is my life. I have no life but His.*

(LESSON 223)



# What Is This All About?

## *About the Three Days' Awakening*

Welcome to the presentation of my memoirs. I could call it as well my diary which consists of no more than three days.

I like this idea of three days: *Day 1* consisting of coming here, *Day 2* recognizing that I had enough of this world, making the decision that “I don’t want it anymore” and *Day 3* leaving this place of despondency and death in the resurrecting Light Experience that there is no death, that the Son of God is free. Truly it is not more than one single instant in time.

On *Day One* I had thought an entire world into ‘existence’\*\* and searched my way through its maze of objectivity and apparent separation.

On *Day Two* I gave up, after releasing my defenses that had justified my apparent existence in the world I saw. With a cry to release myself from what I came to know never could have been, I surrendered to God. In this surrender, yet to my surprise, and through the infinite Grace of an eternally loving God –

*Day Three* was given me to be recognized as the only “Day” Wherein I ever could exist; to live as the Son of God Who shares with His Father the love of the universe.

This is the day of celebration, for the third day is the one of resurrection. On the third day, I again knew what I always have known. Our mind is re-aligned with the One Mind, God, our Source, and our only purpose is clear and singular in simply Being That. A Voice echoed in my mind: *You are resurrected, you extend, you shine. In this eternal holy Instant, you are the glory, the living holy Son of God Himself, Who is eternally with His Father, indeed has truly never left His Home. Holy Child of God, you are indeed and forever blessed. This is the eternal moment in which you always ARE, in Truth. Simply, let it be so....*\*\* (\*\* Author’s note: Ellipsis ... used for implication that “there is still more.” ‘Single quote’: specific term implies perhaps “it’s more than what you think it is.” )

This AWAKENING to the True Being, inherent as God-Presence and an all embracing Love always within you and in all living Beings, every Son of God, could never really have been a goal. It instead can only be recognizable as a true occurrence within the ‘path’ itself, walking in the ‘steps’ of the Master, in your SHOWING UP and being WILLING TO BE UNDONE, your Being-Here-Now in HIS Presence and your giving yourself away.

Yes, all seeking and practicing and making effort was finally CALLED OFF, relinquished by having chosen anew, even when this God-Presence will yet be, and was only experienced for a split second. Once the taste of *That*, our Being ONE with God in Heaven, was recognized, the Light and Wisdom became available to us out of this Experience of our true Self. I recognized I had nothing to

do with “this world here” anymore, except for the moment of conversion that offered me an Experience of Light. I saw that in reality I was already gone and “What I am” IS ever-present Light Itself.

To give you a perspective on how this book has come to be, I want to explain to you this *idea of having traveled on a journey to the stars and beyond*, which was and is accomplished in three days. Listen!

### ***Day One: Coming “here” – a Human Experience***

*Day One* begins with you being confused to discover that you find yourself “here” in the “world” again for a moment. You are confused because you see the chaos and reflections of attack thoughts which make up this world, though it is not really there in truth. Your asking “What, then, am I doing here?” must therefore serve a purpose. Fortunately, you are only here for a moment to REMEMBER your Awakening in this Light of God, to find out “What and who you really ARE” in all there is.

For me the ‘arrival’ here was a devastating experience from the very beginning. Since I was not very fond of leaving the cozy ‘WOMB’\* of my mother, the ‘landing’ procedure of feeling almost choked to death was not a very appealing welcome to me. It made me believe that I must be trapped in this body. This belief was strengthened by the fact that here on earth I had to make some noises, either scream and cry to signify my feelings of hunger and thirst, or need to be cleaned of the body’s excretions, or

laugh to show my contentment with the offered circumstances.

I saw that everyone here was preparing to grow old and waiting for death, in any possible way. This is my memory, and I immediately questioned this insane belief system. I was driven by the thought that “there must be a better way, an alternative,” to what I saw in this world.

Because we have these past memories of our coming here and looking for the solution, we have to include both ideas in the transformation of our mind. I am speaking about the remembrance of coming “here,” or what I brought with me as the idea of “here,” this world, and how I first thought about the world and myself, and then tried to find a solution to get out of it. These thoughts represent Day One’s main effort of our human experience.

Believing to fulfill a part in a dream-sequence called “human life,” and experiencing very personally the pain and suffering of the self that pretends throughout time to be separate from its Source, GOD, realizes that all human actions lead to death and annihilation of one’s limited, little self. No real solution can be found, though they are sought in endless, uncountable attempts on all levels and in every corner of the world as well as through all educated and assimilated mental capacities that make up this conceptual self called “I” or “Me.”

To have the certainty of Being Awake and saved is only possible through the undergoing of a complete transformation, a “THOUGHT-REVERSAL,” or reversal of perception’s laws. This is brought about by a mind training, or simply the surrender of your thoughts or

handing them over to a Higher Power, the Holy Spirit, and allowing that He replaces them for His Thoughts of the one Truth.

This reversal is only the undoing of all the meaning given to any perception here, allowing a conversion of what is truly perception's meaninglessness into Knowledge, a Seeing of Holiness that lights up the world by the Vision that is given you by God through the Holy Spirit. Such recognition is facilitated by 'hanging around' *The ONE* Whom you have seen within your own mind expressing this certainty. There is a clear awareness within you that He is awake; not of this world, not a body, and free of death. Your recognition of Him as your true Self for an instant allows you to participate in His offering and to share this 'DIAMOND'\* with Him in a very joyous and easy way. No sacrifice is involved at all. (\* Non-conventional use of ALL-CAPITALIZED words are used throughout the book to indicate MAIN TOPIC being discussed within paragraph or chapter-section.)

In your DECISION for this all-encompassing change, you are shown that this is all you ever had and have to do. In making this decision, a big, inner fire is lit by Him in you. HE, your Teacher, the Master, is the Holy Spirit, is Jesus, the Christ, the One in every Awakened Mind, Who shows you the 'path' of Love and Joy and Peace by the means of forgiveness. Having experienced God and His eternal shining Light and coming back for a moment, you then cannot not-share a purpose that extends His Light, and that is and always has been in you. You are SEEING then all your memory that must have been included in your experience of 'leaving this place' in a new light, the

Light of the conversion of your mind in its entirety. This extension is recognized in me as *Being* the One healing, teaching, converting dark form illusion into Light, recognizing who I am in everyone, and that there is no such place as “here,” arriving finally at only sharing and extending His Thoughts, co-creating with God.

### ***Day Two: Freedom through a Change of Mind***

In this phase of transition we have recognized our own limitations and came to a devastating conclusion of having enough of this place, this world, this dream of fear and separation, and admitted that there is no solution within the split-mind that knows only a way of thinking of cause and effect being separate. At this crucial turning-point the human consciousness is finally becoming aware of being trapped by its own thoughts with its endless cycles of misery and death. At last the suffering individual considers a way-out of this trap, asks for help, hands him-/herself and all objective reality over to a Higher Power, Something greater than oneself, a universal corrective Principle, GOD, however we want to call It, and dares coming out on the ‘Other Side’ renewed.

What was happening to me in the idea “from the cross to the tomb,” from the belief in crucifixion and sacrifice to living in the Resurrection, in the full acceptance of the ALTERNATIVE, was and is the *Experience* that *there is no death*. This Alternative is first expressed as “*I don't want this anymore! Not this anymore ... Father! Not my will but Thine be done ....*” and at last “*... into YOUR Hands I*

*commend my spirit.*" These were the mental occurrences and essential actions of mind of *Day Two* called SURRENDER or complete letting-go. It truly happened in less than an instant and cannot really be explained or described by words. It is an EXPERIENCE of being one with all thought form creations, one with all the universe as that Light. In that I remember the ultimate release of all of myself. And this could only be revealed to me as *Experience* because I was willing to let all my self-defenses and self-given identity go. Surrender to God happened.

I saw my own body without 'life's energy' as what I thought could only be called "death," but I as the Creative Power was not dead. *I did not really die*, nor could you or anybody in truth. What 'died' and is dying every single moment was my self-identity, the "me" in the idea and identification as a "perishable body" or my "concept of the self." I was still *present* in all of this and converted thoughts into the Light through a remembrance of their Oneness with everything. I simply joined with any mind, all minds, revealing one mind. I was - as I am now - joined, and ever will be willing to eternally join in one single Mind, God's Mind as my own. Therefore I could and can recognize everything as the Light of God. This recognition occurred regardless of any situation or emotion, without mattering whether I was upset or happy about circumstances, or that they were over. I simply found myself back in a physical body and experienced the entirety of being my Self. People could see, hear and touch me, though my perception of them was miraculously changed, because I no longer identified myself with the body. From this perspective: Yes, resurrection is physical.

Any sense or perception of physicality is included in the conversion or transfiguration of the self. It is only by this experience that the body is recognized as completely non-existent. By just denying conceptually the body, the idea of 'body' and all it comes with it remain real by their given meanings. It is the Resurrection that demonstrates that it is not the body what I am; yet I am also not not-a-body, because everything is ultimately Light, everything is seen as the same Singular Reality.

PAUL has expressed this very beautifully through his own *Damascus-Experience* in his *First Letter to the Corinthians*:

*<sup>31</sup>I affirm, by the boasting in you (your rejoicing) which I have in Christ Jesus our Lord, I die daily...*

*<sup>35</sup>But someone will say, "How are the dead raised up? And with what body do they come?" Foolish one, what you sow is not made alive (quickenened), unless it dies. And what you sow, you do not sow that body that shall be, but mere grain – perhaps wheat, or some other grain. But God gives it a body as He pleases, and to each seed its own body. All flesh is not the same flesh, but there is one kind of flesh of men, another flesh of animals, another of fish, and another of birds. There are also celestial bodies, and terrestrial bodies; but the glory of the celestial is one, and the glory of the terrestrial is another. There is one glory of the sun, and another glory of the moon, and another glory of the stars; for one star differs from another star in glory.*

*So also is the resurrection of the dead. The body is sown in corruption (the perishable); it is raised in INCORRUPTION (the Imperishable). It is sown in dishonor, it is raised in GLORY. It is sown in weakness, it is raised in POWER. It is*



*sown a natural body, it is raised a SPIRITUAL BODY. There is a natural body, and there is a spiritual body. And so it is written, "The first man Adam became a living being (soul)." The last Adam became a life-giving (quickening) spirit. However, the spiritual is not first, but the natural, and afterward the spiritual.*

*The first man was of the earth, made of dust (earth); the second Man is the Lord from Heaven. As was the man of dust, so also are those who are made of dust; and as is the heavenly Man, so also are those who are heavenly. And as we have borne the image (likeness) of the man of dust, we shall also bear the image of the heavenly Man. Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; nor does corruption inherit incorruption.*

*BEHOLD, I TELL (SHOW) YOU A MYSTERY: We shall not all sleep, but we shall all be changed – in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible, and we shall be changed. For THIS CORRUPTIBLE MUST PUT ON INCORRUPTION, and this mortal must put on IMMORTALITY. So when this corruptible shall have put on incorruption, and this mortal has put on immortality, then shall be brought to pass the saying that is written, "DEATH IS SWALLOWED UP IN VICTORY."*

*"O death, where is your sting?*

*O Hades (grave), where is your victory?"*

*The sting of death is sin, and the strength of sin is the law. But thanks be to God, which gives us the victory through our Lord Jesus Christ. (1 CORINTHIANS, 15: 31, 35-57)*

HE IS RISEN and you along with HIM. You are living in the Resurrection. This is the truth!

### ***Day Three: Life is eternal – knowing Thy Self***

*Day Three* is not a day that compares or considers reference to the previous, other days, but stands for the eternal and present holy Instant of waking up from the dream and leaving perception of this place of despondency and death in the awakening or resurrecting Light Experience, and to know without a shadow of a doubt “Who you are.”

In your acceptance of this uncompromising message you are already saved and back in Heaven, right NOW. There was never a moment other than NOW; in that, only Light IS. You never really lived any day other than *Day Three*, that of your RESURRECTION, a timeless instant of eternity. The tomb is not only empty, and *You* are risen with Him, but the tomb and all your memory is included and integrated in the creative Reality that now you ARE! Time is over, and it is recognized that it never was.

The crucifixion was an illusion and cannot be real to you unless you want to believe in your self-made “creations” which all are but your hallucinations. None of them is true. They are your denial of your individual experienced Awakening to the truth that *you are perfect as God created you* and that you left this world a long time ago and have accepted eternal freedom through HIS Resurrection. In God’s Light you can see them now as over and gone.

*Christ, Jesus of Nazareth* Who is risen and stands next to you, has not “sacrificed his life” for your illusory sins. Truth is: there are no sins and *YOU ARE the holy Son of God*, eternally blessed with Your Father’s Gift, All Creative Power. Indeed it was *you* who resurrected. You cannot not-give the truth away because you are perfectly created by GOD’s Love in His likeness, and *Extension is His Gift* to you and me and is What Creation IS.

I have understood what always has been going on within my innermost Experience all the time wherein I find the certainty of Being STILL, literally ‘inviting’ everyone “around me” to be still as well. This “Diamond of Silence” has revealed Itself to me as my own resurrecting experience, and now this *Light-Presence* cannot be interrupted or changed into what is really nothing. I am aware that I never had anything to do with attaining *It*, or for realizing any goal associated with *It* or finishing my self-imposed assignments, for that “Diamond” revealed Itself to me in effortlessness, and only by my complete surrender to God.

This *I need-do-nothing* cannot be understood as a dogma for realizing the truth that you ARE, but is as valid as the thought that there is literally “everything to do!” Regardless how it appears, all your attention and determination to live it are needed. It always only comes down to you, in whom doing or not-doing will and has become an expression of God’s Grace and the Will you share with Him. It has nothing to do with your personal ideas, asserted as “your will,” that over and over in the past resulted in confusion and suffering.

And so now you can come to see that everything reveals Itself out of that GRACE Which is only of God. Nobody, including yourself, can do more or less “not-doing” than is already predetermined in you since the mad idea of time entered your mind. In fact you cannot DO anything, all “doing” is in truth nothing but an action or movement of mind, and even this ‘occurring’ solely by the Power of Creative Reality. And God has given you all *Power*, in Heaven and on earth. This Power we share with God eternally. You ARE It. Thank You, Father.

And so we proceed with a short description of my own personal story and experiences which are part of a greater acknowledgment that we are surrounded by miracles all the time, because there is a possibility in each and every moment of re-establishing communication with the universal frequency of Light in everything, in every single event, as it always was.

## My 'True Story': The Way Home

Many times I have been asked to write about MY STORY that ended in my personally experienced Awakening. Though I clearly knew that *God is my life, I have no life but His*, I re-lived for quite some time moments of energy frequencies that reminded me of the moment of utmost devastation when I still believed myself to be human, experiencing the bottom of being here in a world which I designed as the denial of God. The world was not here before we "arrived." Therefore I had to bring into remembrance that I brought this world with me when I came here, and took it with me when I left it.

I want to share my story with you because *it is a miracle* that we meet here again and will leave this world in an instant of recognizing the entirety of the dream to be forgiven, blessed and loved. Truth is that in fact we have already left, and this whole story with its characters and experiences is over. What we remember now is this GREAT AWAKENING and the extension of the *Light-Presence* Which occurs (in our coming together) through our joining and sharing in God's Love. This does not exclude the body, which is but Light, as long as it is useful for the holy purpose.

*Your newborn purpose is nursed by angels, cherished by the Holy Spirit, and protected by God Himself. It needs not your protection; IT is YOURS. For it is deathless, and within it lies the end of death...*

*The miracle of life is ageless, born in time, but nourished in eternity. Behold this infant, to whom you gave a resting-place by your forgiveness of each other, and see in it the Will of God. Here is the babe of Bethlehem reborn. And everyone who gives him shelter will follow him, NOT to the cross, but to the Resurrection and the Life. (from Urtext, Text, Ch.19, IV-C., 9.,10.)*

I would like to start with a childhood memory that I had almost forgotten while I was studying and busy in my dream world. But now that I can remember it, I see that things had naturally to fall in place leading me back home to God.

During the early times of my childhood I was, very confidentially *speaking with my angel* that I physically personalized from a picture I had above my bed. Many times I asked my angel for help. This angel was my main comforter in times when I had difficulties in communication with my parents, as well as increasingly with most of the people around me that sometimes included also my sisters. Another comforter who would simply listen to me without questioning or judging me was our *polar dog*. I was a very innocent, sensitive and sensible child and loved to play with animals, without making any distinctions between those I was told were “alive” and my little plastic figures. I loved them all and communicated with them without discrimination. I was devastated when our dog was shot just because he was pinching people at

times. In retrospect I have to admit that none of my relationships I had here in the world ever worked. I remember very well my deep desire in these moments to leave this place of despair and despondency, but also knew somehow that it could not be by death.

This *sense of lack of power* I used to compensate for with hyperactive sports-activities; by playing ice-hockey, soccer and practicing athletics (running). I used these activities for different purposes. First they were an easy and socially acceptable approach to temporarily release the anger and fear, in fact all the rage I felt against the world. They allowed me to get even with the adversaries and enemies in my mind. I was literally *taking revenge on God* by projecting my own fear and attack thoughts on my brothers, believing that I would need to protect myself, my team-mates or colleagues. I was quite successful in these sporting “performances,” and was even paid for them. In my expression I anticipated victory over the opponent, which seemed to symbolize in my mind defeat of all the ‘guilt’, of all ego, including my own, though I was not giving recognition to the basic flaw that my own ego was itself being used to attain this great victory. Instead, my mind viewed it as a sort of God-justified righteousness. It was a feeling of bliss over the depression, which symbolized for me the *experience of being alive and joyful rather than ‘dead’* – death being a threat that seemed ever so pervasive in the world around me. Yet all forms of upset were still underlying my “well meant” intentions.

That I was playing hockey on a level of competition for 15 years and would have continued to play if I had not suffered a severe knee injury, showed me that I was

heavily *addicted*. I was mostly addicted to adrenalin and dopamine, two substances which I did not even need to take in, because they were produced in my body cells as part of these sports' activities. These substances affected my brain in a way which provided me with an emotional experience, one I allowed myself and wished to 'feel'. Adrenalin (the "emergency hormone") was as well produced in situations of distress and great conflict, which I had suitably arranged during my exams and within my relationships. I was on a "home-run," trying to *run away from the world* I made up in my own mind. And to have at least temporarily a successful experience in these 'games of no escape', I used to be a good player who found excitement in shooting goals, or passing exams, or being a good lover, etc. Over and over again I wanted to repeat the game, the events that brought me release from the tensions I had accumulated which allowed me to feel happy and content within myself. In these moments my brain cells were flooded with dopamine (a neuro-transmitter substance in the brain). That I was an adrenalin and dopamine addict I became aware of only after observing my dreams over years, noticing that I mostly dreamed about scenes of a hockey match and me shooting a goal or being involved in some other exciting scene. In addition to these substances I would regularly socialize in other addictions as well, such as alcohol abuse, and at times in drugs.

I felt this *emptiness* in me which I tried to fill up with all the passion within me which I knew I had available. It was then, in fact, this passion that was the vehicle that brought me to the *Light-Circle*.



Because of this emptiness I felt in my 'life', as well as a painful death experience that occurred for me while coming back from anesthesia after surgery, I began to look for other *solutions in the world*. At about the end of my University studies, by the year 1985, I started to exchange my limited life-style with all kinds of Eastern Teachings and New Age offerings, and accumulated 'knowledge' and related experiences over the next seven years.

I changed my diet and way of living according to the macrobiotic philosophy of Yin-Yang balance and later on to a balanced vegetarian and then vegan diet, started practicing Yogic techniques, and went on with Tai Chi, Reiki and Shiatsu-massage. I also became interested in Astrology, Metaphysics, Philosophies (Agnosticism, Atheism, Anthroposophy), Eastern traditions and scriptures (Advaita, Bhakti-, Karma-Yoga etc.), Shamanism, alternative healing arts like Homeopathy, Bach-Flowers and Herbal treatments, Yin-Yang diagnosis, Chi Gong, Acupressure, traditional and Color-Acupuncture, Ayurveda – just to name the most prominent ideas. Besides all these I had a passion for improving the conditions under which farm animals suffer when held in captivity, and created (with the help of a small group of veterinarian students) a "Freerange"-project that involved organic farmers, traders and whole-food-stores. As you can see, I created for myself unlimited opportunities to fight for a solution that would allow me to establish myself as a better human being in a better world. But what did not leave me in this spiritual human condition was the tendency to crave for beautiful and peaceful conditions, and always wanting more of the

same. *There was never enough* of what felt good for a moment, and whatever it was, *it was never good enough*. As a human with these defects I did not know anything other than ongoing inevitable experiences of lack and needs and how to compensate for them.

After having been promoted to the degree *Doctor Medicinae Veterinariae* in 1989, in Vienna – Austria, I was already so fed up with the reflections the world presented me that I decided to let them all go for a moment in order to *experience something completely new*. I was clear that I would travel the world and start the journey anew by visiting spiritual and spectacular places all around the earth and especially on the North and Central American Continent. I did this for the following year. I realized that there was so much more waiting for me to be discovered and remembered. I was aware that by taking a job as a Veterinarian, having a family and raising kids for decades, I would simply amass money I could never spend because of the intense preoccupation which the job involves.

I thought the solution was somewhere out-there. And I was always too shy to say “I am coming from Heaven,” though I always knew that I am not really from here, this little mud-ball called “Earth” spinning around the sun. And by-the-way do you know that the sun itself is just one of billions of stars in our Milky Way galaxy?! As well (as you might know), our galaxy is then only one of billions of galaxies of the universe. Where could I expect to go, seeing there are no means on earth available to just journey to the next star, Andromeda? And do you also know that it would take seven years to reach there, even if we could proceed at the speed of light, 186,000 miles per second?!

Yet I wanted to get out of this littleness and travel to the stars and beyond.

In this time of MAKING THE DECISION to turn my back on the world, my physical father died. I was in my 30<sup>th</sup> year of earth-life. Though I felt the pain and sadness of the grievance I held against him, and also the associated guilt involved, I knew that he was still with me and in fact could not go anywhere. But I also felt the relief of being independent and free of my own self-made family authority. So I continued traveling to explore and to find for myself what I was determined to gain: *Enlightenment*, as I called It. The peaceful experiences in nature and incredible insights given me were the motivation to move further and further, and I began to question myself – what I had previously defined myself to be and the world I saw. By the end of the year 1989 my attraction to death again was challenged. When I heard about the passing of the famous and popular Eastern Master from India, *Osho Rashneesh*, I felt for the first time the urgency to speed up my transformation. I felt betrayed, because I could not understand how it was possible that he would have left me behind “here.” I was ready to see that *I needed a ‘living Master’*, One Who could give me a clear reflection of myself. I started again to communicate with God and asked for help. I resumed communicating with *Jesus* and knew I was not alone in this journey.

All this led me to an EXPERIENCE OF ONENESS that would bring about a significant change in what I called ‘my life’ since the beginning of 1990, but really was just the beginning of my journey back Home. This Experience did not occur for me as a result of my efforts as expressed in a

“spiritual-seeker-identity.” It happened by *Grace*. Though this Experience kept me for weeks in a kind of a shifted perception, once I was back in my home country, Austria, I thought that I would have to look some more. Though I never doubted this Experience to be a real one, I was still looking for a teaching I could apply in daily situations to stay in a certainty and constancy of truth.

But it was this Experience that consequently brought me on the way to India, meeting acknowledged Eastern Masters like *Papaji*, *Ammaji*, *Gurumayi* and *Sai Baba*, those who it was reported would always be in this constant Realization. I also visited ashrams where Saints had lived and I could sense an incredible Presence; I literally was with *Ramana Maharshi* and *Sri Aurobindo* in South India, or *Osho* in Poona. I did not know of any “Master” living in a western society, and in the Christian establishments I could not find anything that would have attracted me. The establishment never could offer me a complete solution that would be individually available for experience while being unconcerned about the concepts of the world.

The first key-event in which I had an *Experience of Oneness* and underwent consciously the death of the body and all the fear in me took place just under the ruins of the *Maya*-Pyramids in Palenque, Mexico, in the beginning of March 1990. Some notes I wrote in my diary about this Experience follow:

*All forms were seen in their center from radiant to bright-shining to yellow-green. At the circumference the colors turned into the corresponding rainbow-colors.... Countless recognitions occurred for me within the infinity of the universe which opened my eyes to seeing the falsity of my insane world and the meaninglessness of everything.*

*I called on my friend and felt that I didn't differ from her but was One with her; in fact was her. I stared out to the stars and recognized, though they had no meaning, the vastness of the universe. I could only think of my world by making utmost effort and saw that it had no meaning either. A new thinking took place; a Being there-in. I became the event myself, each moment anew, and had the knowledge that there is only this moment. I looked around and whatever I saw I recognized as ALIVE, as a living Being, a living Spirit, as pure Light. It became clear to me that I was not separate from anything, but that we are all ONE, all one Divine Consciousness, one Singular Creative Power, just appearing as some dream figures that are simultaneously converted to the Light That they really are. Thus I was greeting stars, clouds, trees, bushes, humans and grass blades in the same manner and showed them my humility, saying "Thank you" to all of them for allowing me to be with them, to be able to meet them once more and leave this place together forever....*

*I thought I had understood everything there is to understand and underwent the Experience that up to this moment I called 'death'. Instantly I knew that there is NO death, but that God and Love is in me and lasts eternally. It revealed to me how great LOVE can be in me and that TO LOVE IS THE MOST IMPORTANT and makes the only sense in "my life." I was grateful and clear that everything will show up here for my salvation, in this moment, and reveal itself as what I am and what I had decided for. Time was clearly seen as non-existent. I found myself only NOW as all there is, happening spontaneously and simultaneously. Neither was there space in a time reference, but pure Spaciousness as the experience of extension of that Power. And I was only HERE, which had nothing to do with a location or manifestation. In fact all manifestation was recognized as nothing in this Light.*

*I could not feel any heartbeat and didn't know anymore if I was physically dead or from a medical standpoint still defined as 'alive'. I*

*thought I was dead but was still the Soul, the Spirit Which is, as being the life essence, also where a body is experienced, but not confined to it. I experienced myself in communication with everything and everybody, all of Self, whatsoever came to me as a thought-form into my mind. At the same time I felt every single hair touching the face when I was shaking the head.*

But I was also amazed how much I found myself being able to love all the beings that were around me. It had nothing to do with the body.

*Suddenly a feeling of panic struck me that I would not be able to get out of this world anymore and would be at the mercy of the “dark night” and the force of darkness and death, lying like dead in a coffin, this physical world, covered by clouds or a blanket instead of the wooden cover. That was how it felt. Not to be able to experience anymore the light of daytime, nor to realize what I considered a fulfillment of my purpose here. All this brought about an incredible fear and terror.*

*Everything moved like a cyclone toward its center where insanity seemed to be. This was the fear: to become insane, to die, to be nothing. It felt like being on the razor’s edge. In spite of all of this I was always myself, and I put my hands on my stomach and heart and spoke to myself: “I love you (and thought of my friend and surprisingly of Lao Tsu), I love life, I keep with God, with love, with meditation....” For the first time I felt my need to love without reservation and only love. I realized the unimportance and meaninglessness of my so-long-defended worldly existence. I recognized and accepted my true purpose for being here; to love all of myself including my self as my Self, and nothing else.*

*I had a look at my toes and they looked so pale and shrunken and I knew that this body had NOTHING to do with me. I was not able*

*to die. What was left of this re-birth was GRATITUDE, infinite gratitude towards all of Creation, though everything I could see and experience I knew was, is and will remain my Self....*

These revelations were not only an immense enrichment, but contain for me an essential and personal *Experience of Oneness with the entire universe* and the recognition that THERE IS NO DEATH. Since this “death or near-death experience” I could not doubt anymore the truth that there is only ONE *Singular Reality* because I could experience *It* myself. Yet because later on I again believed my revelatory Experience is requiring a cause from within the world, and hadn’t yet seen my Self as true Cause, it became apparent to me that the journey of seeking for an alternative to this world would continue in newly created variations, although the *Presence* within me did not change nor go away. Such an Experience as I had had would again be revealed by Itself after any “efforts” I exerted were ‘let-go’, thus allowing the effortless presentation of Itself within Its infinite Grace, in every moment anew.

I finally recognized that my journey was over shortly after my arrival in Lucknow, India, where I was with *Papaji*, or also called Poonjaji, several times from 1993 until 1997 and had a direct Experience of the collapse of my time-space fabrications revealing that THERE IS NO “ME” and NO WORLD. This revelation was my disappearance as self and re-emergence as Self.

But it always was and still is - in all of these manifested form appearances of enlightened Masters - by the grace of *Jesus Christ* Who appeared in my dream and

blessed me with all these transformative encounters and out-of-this-world experiences.

Particularly through the form of *Master Teacher*, as well as many of my *Mighty Companions* I call “my Brothers” offering me *A Course In Miracles* since the beginning of the new millennium, I reasonably realized that I am the cause of all I see, the dreamer of the dream, the maker of the world perceived. Henceforth it is my responsibility to include everything into my Light conversion, and give myself away in the creative Light extension of true SELF. There is no-one here to wait for to do it for me, because there is no-one else here. I am only meeting and seeing myself.

Each experience of joining in the mind with any aspect of myself has shown me that my salvation and the salvation of the world depend on my forgiveness. FORGIVENESS gives me the experience that *nothing has really happened to me and nothing is going on here in the world*. Forgiveness offers me *everything I want, and is the way out of here*. It is the means of experiencing the Awakening. And the revelation of this Great Awakening makes it completely clear that in truth there is NO world.

*Pure LIGHT in different colors surrounded all and a tremendous SILENCE overwhelmed me. It felt like the whole universe would collapse into me. There-in, not even a feeling of body or thought could take place; such was the revelation and splendor of that Awakening, experiencing everything as being my Self. There was – as Here is – absolutely nothing there of form and name and yet not nothing, not any “thing,” but all there really IS; All Light, The Creative Force in all, Consciousness Itself, I AM as created by God....*



It did not change the image of the world I made, but let me recognize its falsity, its non-existence. What was given me was a sense of having the *purpose* here to be happy, to love myself in all beings, and to bless them all and extend this joy and truth. I became again very interested in meeting with all kinds of people on the streets or anywhere and I felt that I had something to share, naturally, without making up anything.

Taking full *responsibility* for my own making of this perceived world, I could no longer 'sit' on the denial of truth, thus justifying the falsity of it all. I was now *willing to learn and teach about the truth anew*. I admitted my denial and took a look at all the idols I made up. The time was right and I found myself in Australia's Miracles Healing Center where I received as a Christmas present a published volume of *A COURSE IN MIRACLES: Jesus Christ's Words about all of my salvation*. The *Course in Miracles* includes a *Textbook*, a *Workbook* for the mind training, and a *Manual for Teachers*. There are also *Supplements* which were added later on.

With the seeming dawn of the new millennium, I celebrated this Love with myself in a way of being willing to fully *extend It* into life, into everything as it is. This opened me up, in the *acceptance of the Atonement* through the Holy Spirit, the Creative Power of God in my own mind, to participate in the offering of *Jesus of Nazareth*: to love my neighbor – YOU – as my Self. The Healing process through forgiveness and love is based on this act of mind, wherein I hand all over to the One Who cannot fail. Herein lies my *dependency on God*, and in nothing else. We will

elaborate on this idea later on when sharing the actions of mind of *Day Two*.

Since there is only *God's Will*, it was inevitable that I traveled to Wisconsin, USA, to personally see and meet *the Master Teacher of A Course In Miracles*, lovingly called DEAR ONE or "The Old Man." The moment He entered the "session room" where I was waiting for Him with other brothers, I felt such an indescribable POWER surrounding me that I could just outrageously laugh as I had for days upon having my incredible awakening Experience. And guess! ... I remembered that I was gone. I could no longer locate myself in this illusionary time-space continuum. What could I possibly say about Him? Why not try this!?

He is *the One Who shows us every single moment the totality of who we truly are*, including any idea we ever had about ourselves or the world. He IS my Self. He is the perfect reflection of my own Whole Mind, representing to me the essential step further from the recognition of who I am not. That "step further" is to recognize that the Christ is with me and in my dream. To know him as the Christ is to know my Self as Christ and the Christ in everyone. This recognition is the same as to know that there is only ONE Master.

Out of His Certainty of His revelation He aligns everyone in an instant of showing up and joining. Since I admitted the 'problem' as mine, He also showed me that the solution is nowhere and in no-one other but me, and that there is no-one else here. *He gives me everything* to lead me to the certainty that the SALVATION OF THE WORLD DEPENDS ON ME. That is literally the same as 'walking in

His footsteps'. He offered me ETERNAL LIFE without sickness, pain, suffering, loss and death, and I accepted.

My imagined personal "will" and future I have *handed over to God* and *let Him lead the way*. It's all over and gone. It only appears that I live somewhere in space-time and give a full commitment for a complete transformational process; thus became part of a celebration not of this world, yet apparently offered by Circles of Healing and Light. One of them we called Endeavor Academy. Truth is that I am only remembering in which manner I left this world and returned Home.

The world as any image, I never really wanted it anyway! I could not handle it and thus asked Jesus for help to get me out of here. The only existent problem of apparent separation from God could only be solved in an instant of Revelation and thus recognizing that it is all over and gone. In the realization that *there is no world*, there is *no problem* either! The self made-up illusion of a world only existed for a single moment and was simultaneously corrected! I do know now that I am doing nothing here but *re-living this single moment when terror took the place of love*.

Conclusively for this description I can say that my individual transformation allowed me to see things in a new way. Through it I recognized this *Singular Reality in all of Me*, as it is every moment anew, by truly reliving the Experience of my own Awakening. It is an ongoing, never ending celestial celebration in which I know and experience my physical Resurrection. It guides me to the complete remembrance of the Ascension with *Jesus Christ* and all the Great Masters in The One Light Association, the changeless and boundless Joy and Love that is right now

available and present throughout the whole universe. All comes along with me to my Father, into His Kingdom, and will rest in Peace for eternity.

In this Love, Joy and Happiness *I welcome you Home*, in Heaven, being God's Son, complete and healed and whole.

Peace for you and me, all of me and everyone; on earth and in the whole universe;

Peace - Peace - Peace — AMEN

There will be more of my personal "true story" included in various text passages throughout the book. Thank you so much for receiving this.

### **I WILL BE STILL AN INSTANT AND GO HOME**

*This world you seem to live in is not home to you. And somewhere in your mind you know that this is true. A memory of home keeps haunting you, as if there were a place that called you to return, although you do not recognize the voice, nor what it is the voice reminds you of. Yet still you feel an alien here, from somewhere all unknown. Nothing so definite that you could say with certainty you are an exile here. Just a persistent feeling, sometimes not more than a tiny throb, at other times hardly remembered, actively dismissed, but surely to return to mind again....*

*We speak today for everyone who walks this world, for he is not at home. He goes uncertainly about in endless search, seeking in darkness what he cannot find; not recognizing what it*

*is he seeks. A thousand homes he makes, yet none contents his restless mind. He does not understand he builds in vain. The home he seeks can not be made by him. There is no substitute for Heaven. All he ever made was hell....*

*It is this Child in you your Father knows as His Own Son. It is this Child Who knows His Father. He desires to go home so deeply, so unceasingly, His voice cries unto you to let Him rest a while. He does not ask for more than just a few instants of respite; just an interval in which He can return to breathe again the holy air that fills His Father's house. You are His home as well. He will return. But give Him just a little time to be Himself, within the peace that is His home, resting in silence and in peace and love.*

*This Child needs your protection. He is far from home.... You will fail Him not. He will go home, and you along with Him.*

*This Child is your defenselessness; your strength. He trusts in you. He came because He knew you would not fail. He whispers of His home unceasingly to you. For He would bring you back with Him, that He Himself might stay, and not return again where He does not belong, and where He lives an outcast in a world of alien thoughts. His patience has no limits. He will wait until you hear His gentle Voice within you, calling you to let Him go in peace, along with you, to where He is at home and you with Him.*

*When you are still an instant, when the world recedes from you, when valueless ideas cease to have value in your restless mind, then will you hear His Voice. So poignantly He calls to you that you will not resist Him longer. In that instant He will take you to His home, and you will stay with Him in perfect*

*stillness, silent and at peace, beyond all words, untouched by fear and doubt, sublimely certain that you are at home.*

*Rest with Him frequently today. For He was willing to become a little Child that you might learn of Him how strong is he who comes without defenses, offering only love's messages to those who think he is their enemy. He holds the might of Heaven in His hand and calls them friend, and gives His strength to them, that they may see He would be Friend to them. He asks that they protect Him, for His home is far away, and He will not return to it alone.*

*Christ is reborn as but a little Child each time a wanderer would leave his home. For he must learn that what he would protect is but this Child, Who comes defenseless and Who is protected by defenselessness. Go home with Him from time to time today. You are as much an alien here as He....*

*And now the way is open, and the journey has an end in sight at last. Be still an instant and go home with Him, and be at peace a while. (Lesson 182)*

## — Day One —

### Looking for a Way Out of Here

Expressing this title in a form of a Koan: “By Tracing the Steps of Father Goose HE Shows Your Own.”

*In the beginning there is nothing but the Light.*

*By the perfection of Innocence Light shines.*

*By the “movement” of Light Sound is created.*

*This Sound is the soundless Sound, the ancient Melody.*

*A Voice can be heard That echoes “Who!” or “I AM.”*

*With “I AM” the mind is activated and the universe is seen.*

*Only the conscious sight on the polluted sea of a city’s harbor allows us  
to enjoy the deeply penetrating colors on the palm beach.*

*Only the constant talking of the people in this city leads one to the  
countryside or into one’s own Silence.*

*Green leaves everywhere, tree trunks shine white in light,  
birds are running through the bush, looking for something or  
whispering their sounds to protect their kingdom.*

*But which kingdom does not need protection, and who is not looking  
for anything?*

*That One is in truth called "The Wise" and His kingdom "Heaven,"  
"Nirvana," "experiencing The Absolute."*

*Patiently and content waits the primrose for the warming spring-sun.  
Awakened from winter she rejoices in true life and sprays her divine  
Fragrance out of gratitude.*

*This Fragrance, not perceivable with the senses, lasts eternally.  
She recognizes that her Fragrance is not separate from the Sun That is  
forever shining in the Light of her Being.*

*It is not the Sun Which leaves all the blossoms in their seeds!  
The Sun does not know anything of all these illusions which only their  
"creators" classify as day and night, judging that He, the Sun, would  
not be here at night, and doubting Him by the morning mists. Birth and  
rebirth were thus believed to be real.*

*Each moment to be Who you Are ... IS the goal,  
and where is the borderline between day and night?  
Find out! ... Only the Sun IS!*



## *I. The Waking Call for Peace*

*Remember!*

*Who celebrates his independence is not free!*

*Who raises slogans up to the sky shows his fear of himself.*

*Who is marching in step is no longer a child.*

*Who has abandoned his child is far away from the path.*

*Everything is here....*

*Grasp into your baskets for the apple of 'not-knowing',  
and everything will discover itself by Itself!*

That which is familiar to everyone in the ongoing experience of "life's revelation" is this continuously ongoing movie of EVER CHANGING pictures on "the screen," your PERSONAL DREAM within your own mind. Only many pictures together can produce a movie, and the same is true with the conceptual mind, which is nothing but a bundle of thoughts; from a one-pointed thought of concentration to the infinite multiplicity of all sensing and expression, including your self-identity. Nothing can be excluded, and everyone and everything is part of this dream called "the world."

Whenever so called negative emotional expressions and upsets like anger, fear, jealousy, hatred, violence etc. are expressed and perceived as separating you either from your dearest ones or your enemies, indeed it is not happening outside yourself. It all happens WITHIN yourself, in your own mind, and to yourself. It is the first part of your experience of *Day One*; the moment of finding yourself seemingly trapped within the containment of your own conflictual ideas, your dreaming "movie-mind."

This was definitely a milestone in my recognition of my Self; that there is no-one else here but me. The one whom I experienced a moment ago as my brother next to me really is myself; and there is no reality of an outside personal involvement, or of partial responsibility, for any part of the movie at any time. What is perceived is nothing other than a reflection of your own past-directives, once given to the mind; and what is revealed by forgiving yourself is the reality that there is only One Mind Which we share here and now and experience in our love for each other as the Love of God, shining eternally as His own Light and Power. This is the direct recognition of "I" that is initially realized through a process of inquiry by the perceiver into himself, and consequently replaced by ideas of love and joy which enhance revelations. This first part of the undoing is also taught in most of the Eastern traditions.

So, instead of continuously turning the mind "outside," acting in a conceptual way to improve the dream-image of the other guy "out there" as well as your own, attempting to act on the world to change it, helping an "other," or thinking about how to make this picture disappear, one first will have to be willing to acknowledge and accept all, including negative emotional expressions, as part of one's own self. Include it in your Light-conversion, give it seat in your Heart! Investigate it yourself – if you like – but finally decide to recognize the truth and reality of these expressions as well as the one perceiving it! Truth is: "There is no world!"

In a dualistic-appearing WORLD it does seem that something has been picked up from "outside!" Therefore it

becomes a first step and necessity for those believing themselves to be separate to check the borderline, the imagined drawn boundary between that image out there and what you define as “yourself.” Is there really such a boundary that defines a limit to any imagined physical body or even subtler bodies, any in- or outside perception, any objects or expressions seemingly separate from you? Indeed, this has become for me the very important practice in a true sense; to experience the *Essence*, the *Source* That unites me with you and everyone showing up in my mind.

Therefore it has become obvious that to know the truth for your Self, it becomes inevitable that you undergo an EXPERIENCE. Once the presented emotional picture is acknowledged as part of your own reality, there is no obstacle anymore in the way of fully welcoming it.

Welcome everything in gratitude, ask for help and allow in this acceptance that any “problem” will be undone for you and will reveal truth in a real experience! See for yourself!

.... THIS BOOK HAS 200 PAGES AND IS AVAILABLE ON AMAZON. – Thank you for your interest.